Dear friends,

When MorningStar Cultural Arts Group designated this, our 20th year, for legacy projects— the exploration of things we pass on to the next generation— **cancer** was *not what we had in mind!* But when I was first diagnosed, I wanted to see if my travels through the cancer maze could help others prevent my pitfalls. Thanks to MStar's webmaster Kitt Palkowski of *Salt and Lime Design*, the *Teal Ribbon Project* was born.

What an adventure learning about cancer has been, but one we wish you only to share through travel blogs, discussions and books. Cancer Answer Health Talks are designed for healthy friends and those traveling roads to renewed health to learn good health maintenance, risk factors, current diagnostic tools, cutting edge treatment and cures from the expects, local resources, and friends whose inspirational stories provide hope for us all.

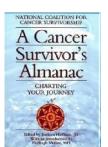
Please join us for all of the Cancer Answer Health Talk programs focusing on BRCA gene mutations that mark a high cancer risk factor. My particular affliction, ovarian cancer, can carry a BRCA1 gene mutation that also covers female and male breast, colon, and prostate cancers. The diagnostic test developed in part by Hadassah Medical Organization is available here in Savannah along with genetic counseling.

Please join us as our travel continues in February on Tuesday night the 24th to learn more about ways to protect and empower yourselves and sign up for the luncheon on March 29th if you are female and under 25.

Thank you so much for coming out today and for all the encouraging words and help offered, especially during this difficult time. My personal thanks to Dr. Joel Greenberg and Savannah Jewish Federation, Larry Dane Kellogg and Jewish Family Services, Adam Solender, the JEA and its staff, Marissa Joyner and Comcast and Toby Hollenberg's tireless efforts to make this series possible.

Carol M. Towbin Greenberg

Barbara Hoffman, J.D. editor of A Cancer Survivor's Almanac and founding chair of the National Coalition for Cancer Survivorship with is a member of the legal research and writing faculty of Rutgers School of Law in Newark, N.J.. She is the author of numerous book chapters, articles, Web content and consumer booklets on the legal rights of cancer survivors. Since the early 1980s, Professor Hoffman has advocated for the rights of cancer survivors and individuals with disabilities. She has spoken at more than 100 conferences and programs about cancer survivorship. She has served as a consultant to the National Cancer Institute. nonprofit organizations, comprehensive cancer centers, and websites. Professor Hoffman was an area specialist to the Cancer Survival Toolbox. She is a member of the Princeton University Alumni Schools Committee. Professor Hoffman is the recipient of the President's Award from the National Coalition for Cancer Survivorship and of an Image Award from DateAble, Inc. Barbara is the daughter of Savannah's Thelma & Frank Hoffman.



Employment & Insurance Rights with a Cancer Twist featured speaker, Barbara Hoffman, J.D., is editor of a comprehensive resource, A Cancer Survivor's Almanac, that helps survivors, families, caregivers, and friends following the diagnosis of cancer with communicating, dealing with loss and advocating for yourself. The Almanac also lists hundreds of organizations and agencies that offer help regarding specific cancer-related issues while

providing practical information on health insurance, job discrimination, medical diagnosis, treatment, pain control, long-term and late effects of cancer treatment, and coping with the personal and social impact of cancer. Its directory lists hundreds of organizations and agencies that offer help with specific cancer-related issues as well as using the Internet for cancer answers.

A Cancer Survivor's Almanac: Charting Your Journey Edited by Barbara Hoffman, JD; 3rd Edition - 374 pages, English only John Wiley & Sons (3d ed. 2004).

Sincere thank you to this program's sponsors:





at Memorial University Medical Center





Morningstararts.org



MorningStar Cultural Arts Group's:



& Savannah Jewish Federation's

Jewish Family Services present

Cancer Answers Health Talks

Better Health & Nutrition with a Cancer Twist Been There: Won That Part II

Tuesday, February 24, 2009
7- 8:30 p.m.
Jewish Educational Alliance

All presentations in this series are **free and open** to the public. www.morningstararts.org

COMING UP FOR THE TEAL RIBBON PROJECT:

Thursday, February 26 from 1:30-2:30 p.m. To register,

call 1-800-813-HOPE (4673) or go to www.cancercare.org/tew.



CancerCare Connect® Medical Update on Ovarian Cancer

Dr. Carolyn Runowicz, Director of the Carole and Ray Neag Comprehensive Cancer Center and member of OCRF's Scientific Advisory Committee, will be a featured speaker during the CancerCare Connect® Medical Update on



Ovarian Cancer.

CancerCare's **free Telephone** Education Workshops are a way for people to learn about cancer-

related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information over the telephone.

Participation is free, and no phone charges apply.

March Cancer Answer Main Event are both at the JEA: Sunday, March 29, 2009- 12:15 PM to 1:15

Finding Out & Facing Up Luncheon presented by Dr. Pamela Gallup, MD. Cervical and breast cancer prevention for the under 25 crowd. Lunch and learn is free but requires web preregistration or by phone to the JEA. Parents are welcomed.

Sunday, March 29-1 PM to 4PM

Cancer Answer Health Fair Everything you ever wanted to know about your health and then some as presented by local agencies, hospitals and treatment centers with mobile testing opportunities. Health talks will run throughout the event.

Program updates at each event and on the web.

Cancer Blog, sponsorship and more information at: www.morningstararts.org Teal Ribbon Project or Carol Greenberg 912-927-9922/ MStararts@aol.com

TONIGHT!

Tonight's exciting event will include discussions of diet, life changes and personal inspirations that helped local friends fight and win their challenges with cancer. First we present nutrition as a means of staying healthy and coping with

disease.



Peter Brodhead graduated from Mercer University with a BA in Economics. After moving to Savannah he opened Brighter Day Natural Foods (now celebrating its 30th year in business) with his wife Janie. In 1985 he graduated as a Certified Nutritionist (CN) from the American Health Sciences University in Denver, Colorado and most recently earned a Certificate in Homeopathy (CHom)

with Robin Murphy ND from Hahnemanian Academy of North America in 2006. Peter frequently lectures on many topics related to health and wellness in the community most recently for American Diabetes Association's Diabetes University. Peter maintains a private nutritional counseling practice at Hidden Well Acupuncture twice weekly. Peter and Janie have three children.

We wish to thank **Marcy Konter**, **JEA President** for introducing the program and **Elise Shernoff** for hosting this evening's event as well as the following for sharing their personal trials and triumphs and for helping to lead discussion:

Jane Barnard Laura Bateman DeDe Cargill Karin Godchaux Arnold Karp Laurie Rubnitz Jodi Sadler Elise Shernoff Special thanks to Toby Hollenberg for her tireless
efforts on our behalf and
sincere thank you to this program's sponsors:
The Savannah Movie Tours featuring the new Foody Tour.





at Memorial University Medical Center



Morningstararts.org



MorningStar Cultural Arts Group's:



& Savannah Jewish Federation's

Jewish Family Services present

Cancer Answers Health Talks

Genetics & Cancer: Are you at risk for cancer?

Tuesday, January 27, 2009
7-8:30 p.m.
Jewish Educational Alliance

All presentations in this series are **free and open** to the public. www.morningstararts.org

February Cancer Answer Programs:

Sunday, Feb. 15, 2009 at 1-2:30 PM

Employment & Insurance Rights with a Cancer Twist and Barbara Hoffman, J.D. editor of A Cancer Survivor's Almanac and founding chair of the National Coalition for Cancer Survivorship with Eeta Travis answering questions about cancer & insurance. Also featured will be Rebbetzin Ruchie Slatus in Been There: Won That. to discuss personal inspirations that helped her fight and win her challenge with cancer

Tuesday, Feb. 24, 2009 at 7 to 8:30 p.m. **Been There: Won That Part II** will include discussions of diet, life changes and personal inspirations that helped local friends fight and win their challenges with cancer. Also featured will be Peter Brodhead, CN, of Brighter Day Health Foods in a segment **Better Health & Nutrition with a Cancer Twist** to discuss nutrition as a means of staying healthy and coping with disease.

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James J. Burke, II, MD is a graduate of the Medical College of Georgia and performed his residency training in obstetrics and gynecology at Northwestern University, Chicago. He also has fellowship training in gynecologic oncology at the University of Michigan, Ann Arbor. He is currently Director of Gynecologic Oncology at Memorial University Medical Center and

practices at Savannah Gynecologic Oncology. Dr. Burke teaches medical students and OB/GYN residents and is an Associate Professor of Obstetrics & Gynecology of the Mercer University School of Medicine. His interests include minimally invasive surgery for treatment of gynecological malignancies, clinical trials, genetic counseling of patients, and chemotherapy administration.



Ray Rudolph, MD specializes in treating breast cancer. He earned both his undergraduate and medical degrees at the University of South Dakota. After graduation, Rudolph completed an internship and residency training in surgery at Memorial Health University Medical Center. He is the co-founder of the Memorial Health University Physicians Center for Breast Care, which is the

only facility in the region that specializes in the treatment of breast conditions. Rudolph holds a master's degree in public health from Armstrong Atlantic State University.



C. Shai Huffard-King, M.S., CGC was a prenatal and preconception genetic counselor in the Division of Maternal-Fetal Medicine, St. Luke's-Roosevelt Hospital in N.Y. She earned her bachelor's degree in biology from Virginia Tech and her master's degree in human genetics from Sarah Lawrence College, N.Y. Huffard-King completed many clinical rotations, including a

cytogenetics laboratory and pediatric genetics rotations at North Shore-LIJ Hospital and Columbia University Medical Center. She also completed a cancer genetics rotation at the Cancer Institute of New Jersey. Huffard-King is board certified in genetic counseling (CGC) and works in the ACI's Center for Cancer Genetics.

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Carol M. Towbin Greenberg

Tonight's Panel:

Thank you to our first *Cancer Answer* panel C. Shai Huffard-King, M.S., CGC, James J. Burke, II, MD, Ray Rudolph, MD, Barry Luskey, MD. Also thank you to Shai Huffard-King for helping to organize tonight's program.

The educational materials on ovarian cancer, breast cancer and hereditary cancer for tonight's event were provided by Anderson Cancer Institute. Thank you to the following people for their help in gathering materials: Allison Griffin (ACI Administrator), Kay Denim (Summit Cancer Care), Brandy Payne (ACI), Lynn Goodman (Schering Plough) and Colleen Marshall of Genentech.

Thank you also to SCAD professor Michael Hutcheson, students Swapmil Kumar and Wilfredo Ramos and Comcast Cable for providing a public access forum for our events.

Resources and links to information will continue to be put on our website: www.morningstararts.org. Donations to **MorningStar** on the website or by check are tax-deductible, and much appreciated!



Barry Luskey, MD joined Summit Cancer Care in 2000, bringing with him a wealth of experience in both scientific research and clinical care. A graduate of Stanford University, Calif., and the University of Texas Southwestern Medical School in Dallas, Dr. Luskey completed fellowships in hematology and oncology at Brigham and Women's Hospital at Harvard Medical School, Boston. Dr. Luskey also

pursued basic research in gene therapy at the Howard Hughes Medical Institute and Children's Hospital in Boston. He is board certified in Internal Medicine, Medical Oncology and Hematology and is currently on staff at the Anderson Cancer, the Regional Cancer Center and teaches resident physicians in training.

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Please join us as our travel for answers continues in February on Thursday, February 26th in a teleconference on ovarian cancer. Empower yourselves against this disease by learning new ways to protect you and your family at a very special event—a luncheon at the JEA on March 29th for women under 25 and their parents and guardians. Also on Sunday, March 29th is a health fair from 1 to 4 in the auditorium with presentations and displays by those that look after the health of this community.

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Carol M. Towbin Greenberg

MorningStar Arts Creative Director

Funds we support:

Greenberg Health Resource Fund--- SJF holds a fund dedicated to providing education and resources for risk assessment and early detection for disease. Call 912-355-8111 for information.

Stephen D. Hollenberg Memorial Fund—ACI holds a fund that provides assistance to needy patients for medications and support while they battle cancer. Call 350-8000 for information.

Thank You Again to Past Event Participants:

Barbara Hoffman, J.D. is editor of *A Cancer Survivor's Almanac* and founding chair of the National Coalition for Cancer Survivorship. Professor Hoffman teaches law at Rutgers University and is the recipient of many national awards.

James J. Burke, II, MD is currently Director of Gynecologic Oncology at Memorial University Medical Center and practices at Savannah Gynecologic Oncology and is an Associate Professor of Obstetrics & Gynecology of the Mercer University School of Medicine.

Ray Rudolph, MD is the co-founder of the Memorial Health University Physicians Center for Breast Care, which is the only facility in the region that specializes in the treatment of breast conditions.

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Barry Luskey, MD is board certified in Internal Medicine, Medical Oncology and Hematology and is currently on staff at the Anderson Cancer, the Regional Cancer Center and teaches resident physicians in training.

Rita (Rochel) Slatus is the revered wife of B'nai Brith Jacob Synagogue Rabbi Avigdor Slatus, founder of Buckingham South a licensed healthcare facility and a cancer survivor.

Eeta Travis, B.S. Ed., is a sales agent representing a variety of supplemental insurance plans, with America Family Life Assurance of Columbus, AFLAC with a comprehensive understanding of protection available to those with cancer risks.

Marissa Joyner is Coordinating Producer at Comcast Cable and is Dear friends,